



ABOUT US

Boxing & Fitness Studio
Al-Hidd, Bahrain

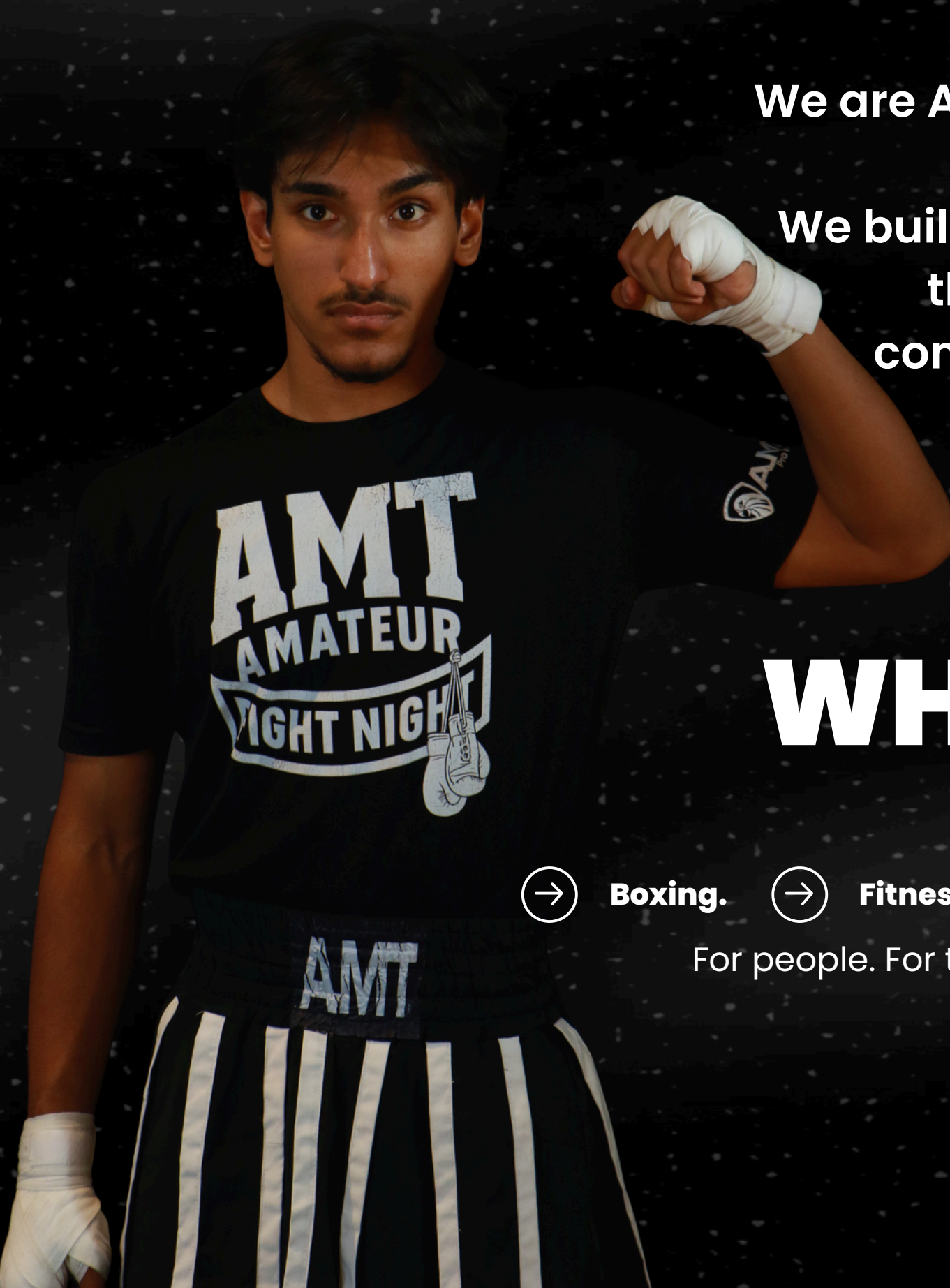
Not Just Fitness. A
Standard Of Excellence.

CR: 184203-01



Professionalism. Integrity. Value.

WHO WE ARE



We are AMT — a standard,
not a trend.
We build stronger people
through discipline,
community, and real
results.

WHAT WE OFFER



Boxing.



Fitness.



Development.

For people. For teams. For performance.

Professionalism. Integrity. Value.

PROGRAMS

- **Kids Boxing**
- **Adults Boxing**
- **Fitness & Performance**
- **Strength & Conditioning**
- **Men's Warrior Program**
- **Students & Athlete**
- **ALPHA 7:70 Transformation**



Professionalism. Integrity. Value.

CORPORATE ACTIVATION

- Corporate Fitness Sessions
- Team-Building Games
- Sports Events & Activations
- Combat-Inspired Challenges
- CPD Workshops (Provider No. 21621)



Professionalism. Integrity. Value.

OUR PLATFORM

AMT AMATEUR FIGHT NIGHT

Bahrain's
platform for
youth &
developing
boxers.

Structured.
Safe. Real
experience.



Professionalism. Integrity. Value.



NOT JUST FITNESS A STANDARD OF EXCELLENCE



[amtprofitness.bh](https://www.instagram.com/amtprofitness.bh)



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